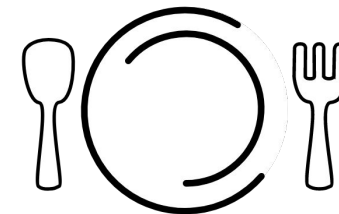




# JULY 2019

## FRESH FOOD-TO-FORK MENU



### 10 FOOD FACTS THAT KEEP LBA KIDS HEALTHY

1. This menu is made from a collection of Chef Jose's personal recipes!
2. **Fresh fruits or vegetables** are served with **every** meal.
3. **Fat-Free Milk** without RBST is served daily.
4. Our cheese sauce is made of 100% **Real Cheese** without Cellulose.
5. All chicken dishes are cut from **skinless boneless chicken breast** only.
6. Our Grilled Cheese Paninis use **98% Lean Ham** (or just cheese).
7. We use **Kosher Spices** for Lunch, and **Kosher Raisins** with no sugar added at Snack Time.
8. LBA is a 100% **Nut-Free** school.
9. LBA is a 100% **Juice-Free** school.
10. Our food is **baked**, never deep fried.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Arroz Con Pollo	2 Grilled Cheese Panini	3 Vegetarian Chow Mein	4 	5 
8 Chicken and Rice Soup	9 Mac n' Cheese	10 Corn Chowder	11 Vegetarian Chow Mein	12 Teriyaki Glazed Chicken
15 Mac N' Cheese	16 Vegetarian Chow Mein	17 Pasta alla Marinara	18 Grilled Cheese Panini	19 Roasted Potatoes and Chicken
22 Spaghetti & Tofu	23 Chicken and Rice Soup	24 Grilled Cheese Panini	25 Chicken Chili Mac & Cheese	26 All American Meat Loaf
August 2019				
29 Corn Chowder	30 Arroz con Pollo	31 Mac & Cheese	1 Chicken and Rice Soup	2 Mandarin Chicken
5 Vegetarian Chow Mein	6 Spaghetti & Tofu	7 Chicken & Rice Soup	8 Arroz con Pollo	9 Country Style Chicken Fajitas